# join us

Name

Please fill out and mail to: North Quabbin Community Co-op 131 West Main Street #29 Orange, MA 01364

Address
Phone
Email
[ ] Yes, I would like to join the North Quabbin
Community Cooperative, and have included my check for
\$10 . I agree to the rules outlined below. (Please add your
produce total to your membership fee if ordering produce)

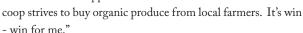
- Orders must be placed by mail or drop-off by 6pm on the Friday before pick-up.
- Produce pick-up is on Wednesdays between 3-6:30pm at the Orange Innovation Center, Space #29. You can find us easily by following signs to the handicap entrance at the rear of the building. We are across the hall from the handicap entrance doorway. Any unclaimed produce will be forfeited. There are no substitutions or refunds. **Please bring your own bags or boxes**.
- Checks received with insufficient funds will incur a \$35 fee. Two bounced checks will result in the co-op insisting on a money order or cashier's check.
- Membership with NQCC is an at will commitment. You agree to hold harmless and indemnify from loss or damages all volunteers and coordinators of the NQCC.

## our stories

"The co-op is a fantastic way to support local farmers while getting our community members the freshest food possible at a great price"

—Deb Habib

"Without the coop I simply would not be eating the variety of vegetables I eat now. I also appreciate that the



-Charlene Deam

"Not only has the Co-op provided healthy food, it has given me the satisfaction of knowing that I am helping to support local farms and conserving fuel that would have been spent to transport these items from more distant places. Working with neighbors who share these values is inspiring." — Jane Manring

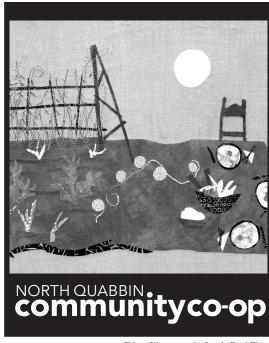
"We are thrilled to be able to get healthy local produce in the North Quabbin. it has changed our winter eating habits dramatically; we no longer need to go to Hannaford to get veggies whose providence we are not even sure about. It is important to us that we can support local efforts at sustainable and affordable agriculture." — Joanie Cohen-Mitchell

For questions or to get involved, email us at northquabbinfoodcoop@gmail.com or call Amy at 978-544-3839.

# NORTH QUABBIN COMMUNITY CO-OP

131 West Main Street #29
Orange, MA 01364
northquabbinfoodco-op.blogspot.com
northquabbinfoodcoop@gmail.com





Fabric Illustration by Linda Ruel Flynn

The North Quabbin Community Co-op provides healthy food at an affordable price while building community, supporting local agriculture, and respecting the natural environment.

www.northquabbinfoodco-op.blogspot.com

# Supporting local farmers one share at a time.

A membership to the North Quabbin Community Co-op provides you with a wealth of healthy and nutritious produce and products that exist in the North Quabbin. Through our relationships with locally owned, family run farms we are able to offer weekly shares of produce ranging from blueberries to bok choi and all picked at the peak of freshness. Selection varies by season, depending on what produce is ready each week, with an emphasis on variety and quality. We also offer locally produced eggs, honey, and cheeses for additional purchase. Our farmers are chosen because of their commitment to farm in a responsible and earth friendly manner. As a result the majority of the produce you receive each week is organically grown.



#### HOW TO JOIN

membership costs \$10 annually and lasts for one year from the date you join. Please detach, fill out and send in the form on the reverse. You can add in your first produce order with your membership fee. Members can also participate in a monthly dry goods order through the natural foods distributor Associated Buyers.

### **HOW TO ORDER**

the share system Each week you have the choice to purchase a half, full or fruit share. Decide what's right for you and your family on a week to week basis.

- [\$18] A half share consists of a basket of seasonal produce that could feed two adults.
- [\$35] A full share consists of a basket of seasonal produce that could feed a family of four.
- [\$5] A fruit share consists of roughly 4-5lbs of seasonal fruit.

An order form is not necessary to place your order. Simply send in a check with your total.

Orders must be received by Friday at 6pm for pick up the following Wednesday between 3-6:30pm at our distribution site in the Orange Innovation Center, Room #29.

"Working with NQCC has been a great opportunity for a small family farm like ours. The Co-op purchases produce from us at a good market price and then distributes our vegetables locally. Landworks Farm looks forward to growing more for the 2010 season."

-Anita and David Lockesmith, Landworks Farm

### our farms

Blue Ox Farm, Orange
Hamilton Orchards, New Salem
Isle of View Farm, Wendell
Landworks Farm, Petersham
Moore's Maple Grove Farm, Orange
New Salem Preserves, New Salem
Seeds of Solidarity Farm, Orange
Seven Crows Garden, Petersham
Valley View Farm, New Salem

winter During the winter months, we partner with Enterprise Farm in South Deerfield to purchase sustainably grown, organic produce from along the East Coast in addition to buying organic winter storage crops from farms in the Pioneer Valley.

